Panola College

Panola College

Temple College

Embedding Mental Health Supports into Talent Strong Texas Pathways: A Collaborative Planning Session
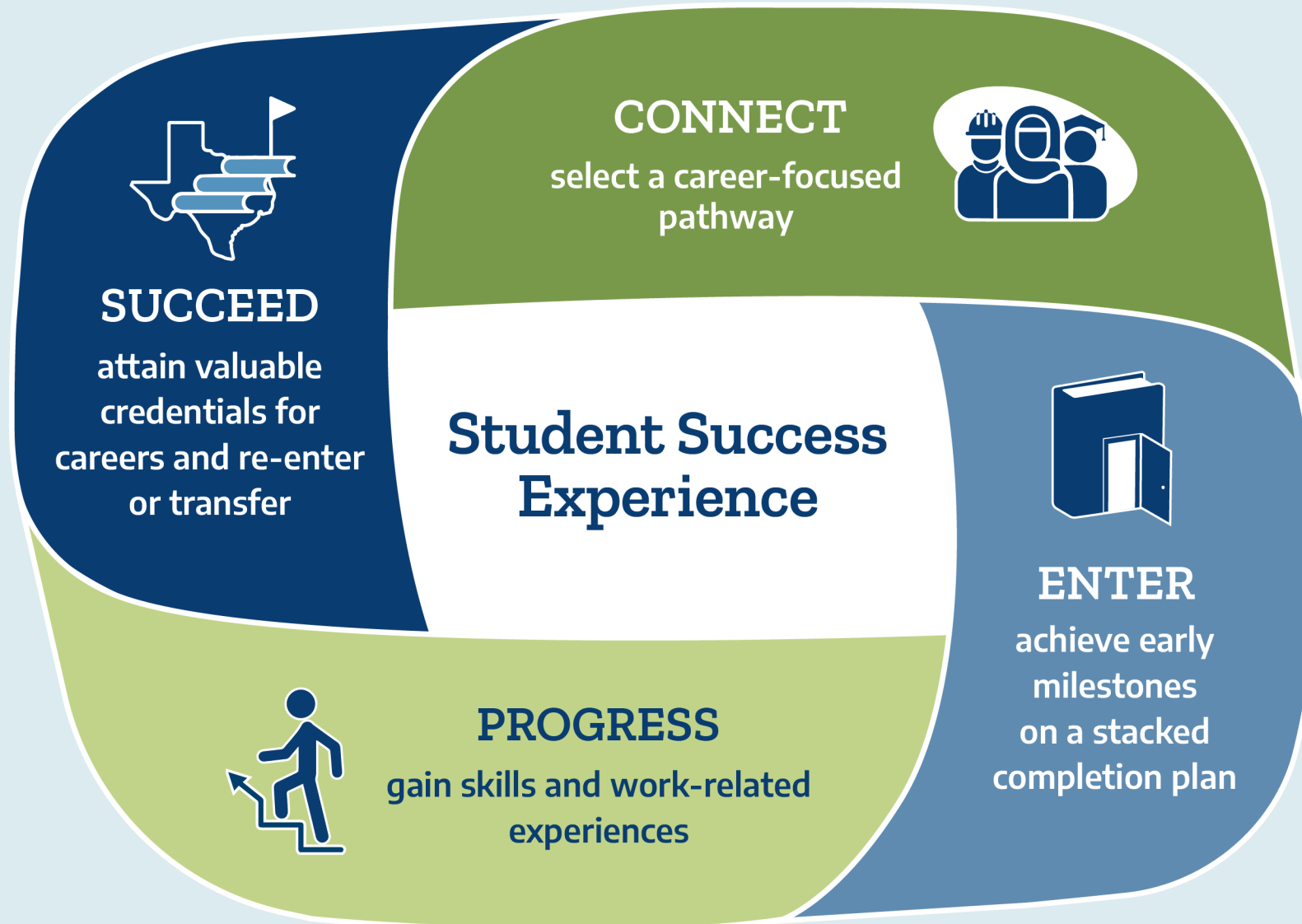
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Talent Strong Texas Pathways Framework

SUCCEED attain valuable credentials for careers and re-enter or transfer

CONNECT select a career-focused pathway

Student Success Experience

ENTER achieve early milestones on a stacked completion plan

PROGRESS gain skills and work-related experiences

Talent Strong Texas Pathways

Talent Strong Texas Pathways
Four Pillars of Essential Practices

1

Map pathways to student end goals

Employer-informed maps from multiple entry & reentry points to completion, transfer, & valuable careers

2

Help students choose and enter a pathway

Career- focused onboarding with academic & social integration to promote college-level success in the 1st year

3

Keep students on their pathway

Proactive supports to improve completion & transfer, enhance belongingness, & address students' basic needs

4

Ensure students are learning

Active & work-based learning with culturally responsive teaching aligned with careers & further education

Welcome & Introductions

Getting to know one another

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Today's Agenda

Welcome & Introductions
Getting to know one another

Partner Activity & Shareouts
How the learning community is going

Group Activity & Shareouts
Reflecting on strengths & opportunities

Mental Health & Pathways
Dr. Kristina Flores, Leilani Lamb, Jenna Parro

Lunch
Conversation prompts at tables

Action Planning
Integrating learnings into practice

Next Steps
Sharing what's to come in the MCM learning community

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Learning Objectives

As part of this session, participants will:

- **Connect** with peers and share experiences from their respective institutions

- **Discuss** mechanisms for integrating mental health supports into broader Talent Strong Texas Pathways strategies and efforts

- **Develop** actionable next steps for enhancing institutional commitment

- **Explore** best practices for aligning mental health initiatives with overall institutional goals

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Meadows Institute Vision, Mission, Goals

Vision

We envision Texas to be the national leader in treating all people with mental health needs.

Mission

Independent and nonpartisan, the Meadows Mental Health Policy Institute works at the intersection of policy and programs to create equitable systemic changes so all people in Texas, the nation, and the world can obtain the health care they need.

Long-Term Goals

- Be a driving force on policy and implementation best practices designed to get people the mental health care* they need, with Texas serving as a model for the country.
- Nationally, the Meadows Institute is a trusted partner and preferred collaborator as a national mental health organization leading this change.

*Mental health care needs to be accessible, integrated, equitable, responsive, innovative, affordable, and sustainable.

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How We Work

THREE AREAS OF FOCUS

Children and Families	Health Systems	Justice and Health

CROSS CUTTING PRIORITIES

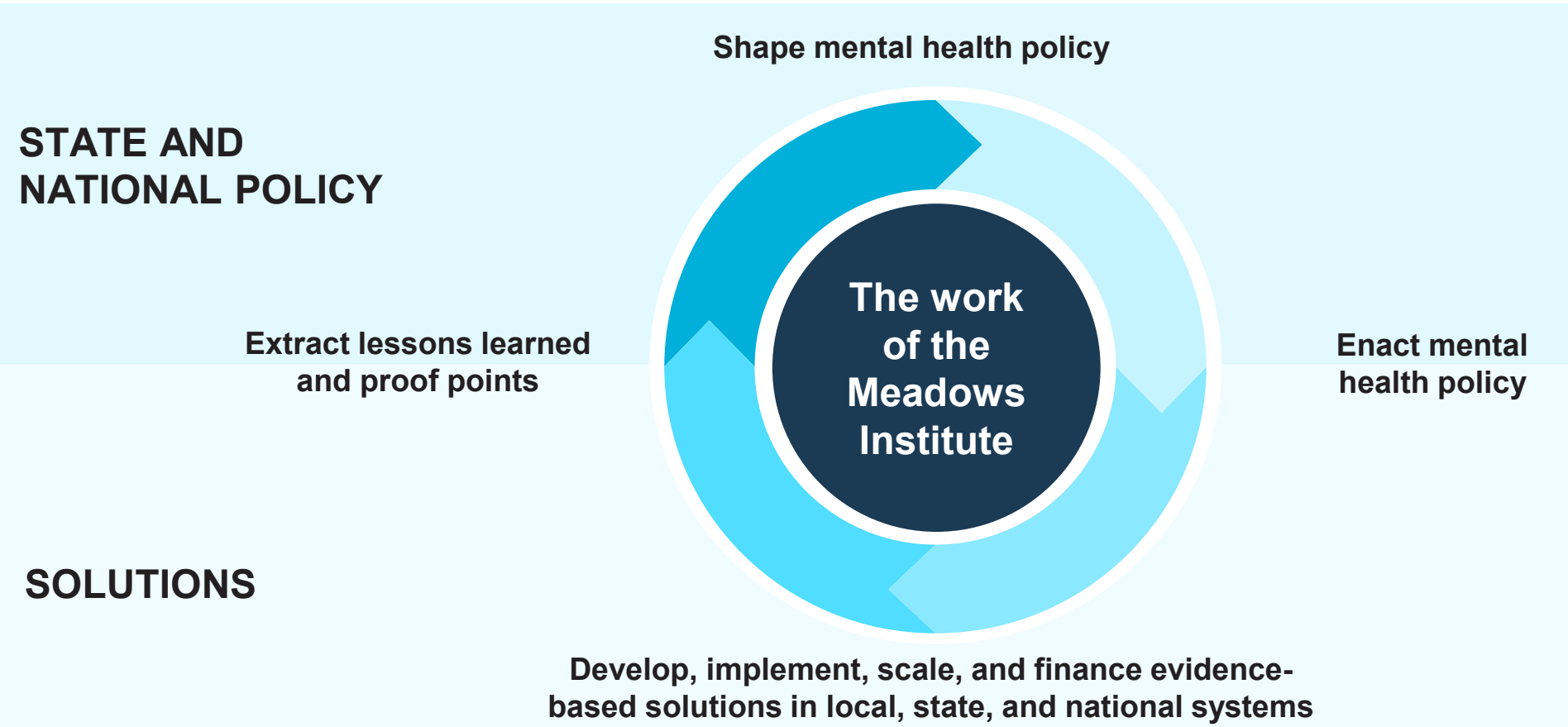| INNOVATION	TRAUMA & GRIEF	HEALTH EQUITY	WORKFORCE DEVELOPMENT

VEHICLES FOR OUR WORK

- **Regional Centers:** Hackett Center (Houston), Paso del Norte (El Paso region), Panhandle (Amarillo)
- **Centers of Expertise:** Center for Child & Family Wellness, Center for Health Systems Integration, Trauma & Grief Center, Center for Justice & Health
- **National Coalitions:** Policy Council, Path Forward, CEO Alliance

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Working at the intersection of policy and practice to make transformational and sustainable change.

Shape mental health policy

STATE AND NATIONAL POLICY

Extract lessons learned and proof points

The work of the Meadows Institute

Enact mental health policy

SOLUTIONS

Develop, implement, scale, and finance evidence-based solutions in local, state, and national systems

OUR VALUES

| Collaboration and partnership | Data-driven and evidence-based | Innovation | Nonpartisanship | Stewardship |

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Meadows Institute Work in Postsecondary
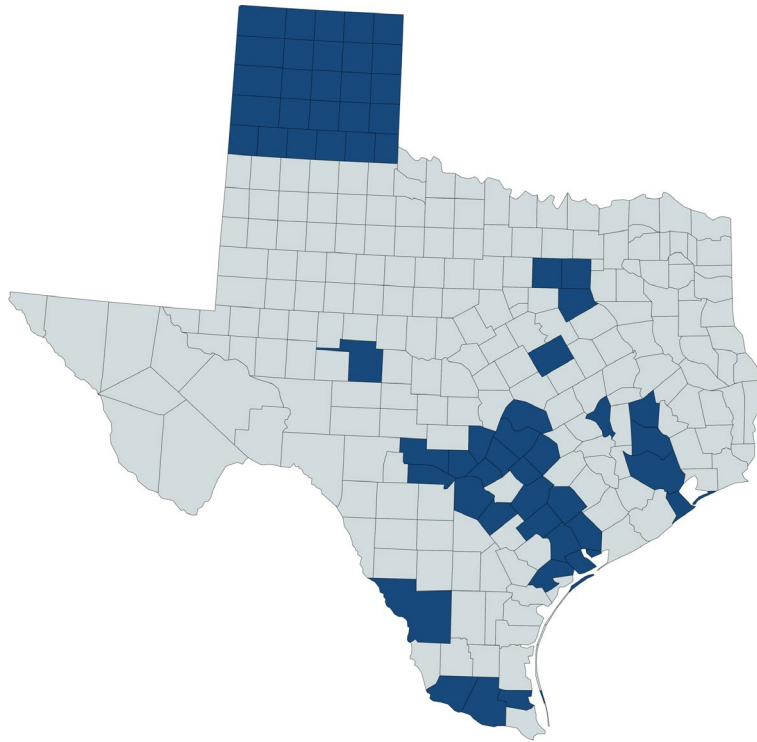
- Alamo Colleges District
- Amarillo College
- Angelo State University
- Austin Community College
- Dallas College
- Paul Quinn College
- Sam Houston State University
- University of Houston Downtown
- University of Texas Rio Grande Valley
- San Jacinto College
- UNT Dallas
- Victoria College
- Texas A&M
- Texas A&M International University
- Texas State University
- University of Texas Austin
- University of Houston-Clear Lake
- West Texas A&M University

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Minding College Minds Core Partners

Thank you to the postsecondary institutions, policy partners, and collaborators who have been instrumental in the development of this work.

Connection

Get to Know You Bingo!

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Partner Activity (2-3 per group)

- **How is the MCM Learning Community going for your institution?**

Partner Activity (2-3 per group)

- **How is the MCM Learning Community going for your institution?**

Now...switch to a new group!

Partner Activity (2-3 per group)

- **What is one thing your institution has taken away from the learning community thus far about your institution's commitment to mental health?**

Full Group Shareout

How is the learning community going? What are some of your key takeaways from the learning community so far?

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Group Activity (5-6 per group)

- What is one thing you feel your institution is doing really well with respect to campus mental health?

- What is one area of growth for your institution related to mental health?

- What is one thing you'd like to learn or achieve through the learning community that you haven't yet?

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Full Group Shareout

What do you feel your institution is doing really well? What are your institution's areas of growth with respect to mental health? What have we not covered yet that you're still curious about?

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Embedding Mental Health into Existing Talent Strong Texas Pathways Strategies

Lessons from the Field

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Enjoy Lunch & a
Mental Health Break!

11:30 – 12:00

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Action Planning with Your Institution

- **What ideas were sparked by the morning conversation or the presentation?**

- **What are we already doing to embed mental health into our Pathways strategy?**

- **What could we be doing better to tie our efforts around supporting mental health to our Pathways strategies? What are the low-hanging fruit opportunities versus those that might be more aspirational?**

- **What do you think your single mental health goal for consideration of inclusion into your action plan might be?**

Full Group Shareout

What do you think your single mental health goal for consideration of inclusion into your action plan might be? What feedback do you want from the group?

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Action Planning

Based upon what you learned and discussed in this workshop, what **single mental health goal** would you like to take to your Pathways leadership team for consideration for inclusion in your College Action Plan?

Actions	Leader Person responsible for leading the goal?	Collaborators Who do we need to accomplish the goal?	Timeline Be as specific as possible	Short-term Assessment Measures Milestones to monitor action/goal progress on timeline	Student Success Measures What data point are you trying to move the needle on? Who is your target population?	Baseline Measure Value Year and %/#	Target Measure Value Year and %/#
Goal 1:							
Action:							
Action:							
Action:							

Full Group Shareout

What is your single mental health goal?

Next Steps

A Peek at the Rest of the Learning Community

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Where We Are

Pathways Institute

Pathways Institute

Kick Off	Institutional Commitment	Universal Supports	Therapeutic Supports	Crisis Supports	Wrap Up
August	September – October	November – December	January – February	March – April	May
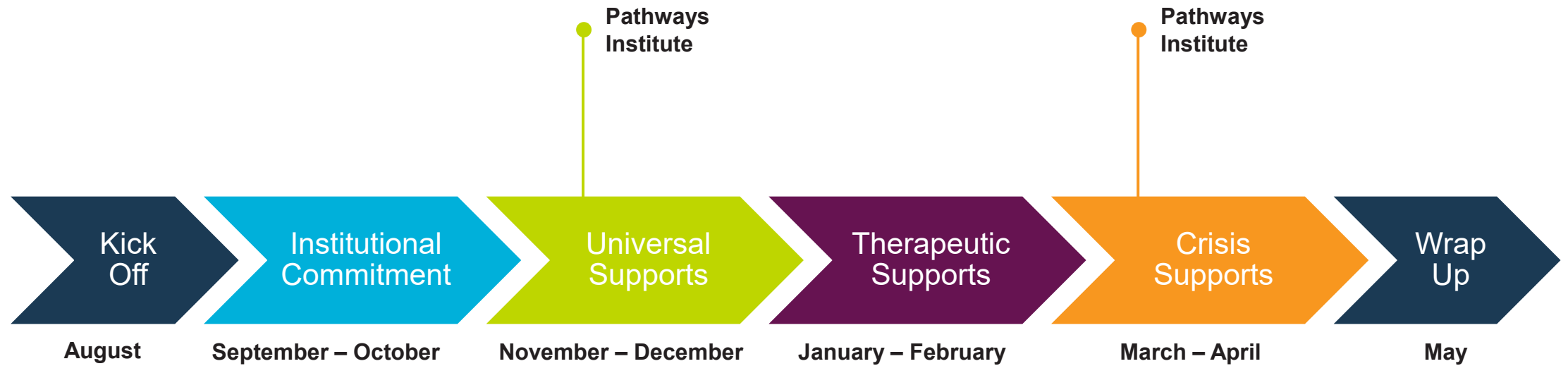
We are here!

Universal Supports Unit (November to December)

Nov 8
Full Group Convening

Nov 22 to Dec 5
1x1 Technical Assistance

Dec 10 and 11
Affinity Groups

Universal Supports Action Planning

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Questions?

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Coastal Bend College

Thank you for joining us today!

The TSC team wants to know how we can improve.

Thanks! We appreciate your feedback.

https://bit.ly/tpi3pre

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