

## Minding College Minds Framework: Guided Reflection

### Wellbeing, Belonging, and Campus Culture

Promoting belonging and a campus culture supportive of student mental health and wellbeing.



### Assessing and Connecting

Ensuring students have access to services that meet their needs.

### Response, Referral, and Re-Entry

The safety net intended to support students who are experiencing a crisis.

### Guiding Questions:

- What are your institution's **strengths** within each component?
- Where are your institution's **opportunities** within each component?
- What other **insights or a-ha moments** do you have on each component?





### Institutional Commitment

### Universal Supports

### Therapeutic Supports

### Crisis Supports

## SWOT Analysis and Action Planning: Team Reflection

 <b>Strengths</b> <ul style="list-style-type: none"><li>• What do we do well?</li><li>• What separates us from other institutions?</li><li>• What unique resources do we have?</li></ul>	 <b>Weaknesses</b> <ul style="list-style-type: none"><li>• What do we need?</li><li>• Where can we look to others to improve what we do?</li><li>• Where do we need more resources?</li></ul>
 <b>Opportunities</b> <ul style="list-style-type: none"><li>• Where do we see ways to meet students' needs in the short term?</li><li>• Where are students underserved by existing offerings?</li><li>• How can we think about things differently?</li></ul>	 <b>Threats</b> <ul style="list-style-type: none"><li>• What negative trends present the greatest risk?</li><li>• What changes expose our weaknesses?</li><li>• What might get in the way of our success?</li></ul>

# Action Planning

Based upon what you learned in this workshop, what single goal would you like to take to your Pathways leadership team for consideration for inclusion in your College Action Plan?

Action	Leader – Person responsible for leading the goal	Collaborators – Who do we need to accomplish the goal?	Timeline – Be as specific as possible	Short-term Assessment Measures – Milestones to monitor action/goal progress on timeline	Student Success Measures – What data point are you trying to move the needle on? Who is your target population?	Baseline Measure Value Year and %/#	Target Measure Value Year and %/#
<b>Goal 1:</b>							
<b>Action:</b>							
<b>Action:</b>							
<b>Action:</b>							