#### Keeping Students on Their Pathway

Holistic Advising: Moving from a Transactional to a Transformational Model to Better Support Students

> Texas Pathways Institute #5 April 6<sup>th</sup>, 2022

# Welcome



Ms. Krista O'Neill Texas Pathways Coach

Lead Holistic Student Supports-Ohio Association of Community Colleges Lorain County Community College (Her back up: Dr. Tina Hart)

#### Temple College

Ms. Suzanna Bachman, Director of Academic Advising Dr. Susan Guzmán-Treviño Provost/Vice President Academic Affairs and Student Services

Alamo Colleges District Ms. Blanca Balle -Villegas Director of District Wide Advising Dr. Adelina S. Silva, Vice Chancellor for Student and Program Development

## Keeping Students on Their Pathway



#### **Objectives for this session:**

- Historic context of Academic Advising
- Academic Advising as part of Guided Pathways
- Holistic advising framework/appreciative advising
- Best practices/academic advising redesigns



## **Today's Agenda**

- 10:00AM 11:00 AM Holistic Advising Overview
  - 11:00AM 11:15 AM Break

  - 12:45PM 1:20PM Panel Discussion
- 1:20PM 1:30PM

- 11:15AM 11:45AM Temple College Advising Overview
- 11:45AM 12:15PM Lunch/Table discussion/report out
- 12:15PM 12:45PM Alamo Colleges Advising Overview

  - Closing



## ACADEMIC ADVISING IS TEACHING



#### THE PEDAGOGY OF ACADEMIC ADVISING

- Academic advising, as a teaching and learning process, requires a pedagogy that incorporates the preparation, facilitation, documentation, and assessment of advising interactions.
- Although the specific methods, strategies, and techniques may vary, the relationship between advisors and students is fundamental and is characterized by mutual respect, trust, and ethical behavior.

https://nacada.ksu.edu/Resources/Pill ars/Concept.aspx



**Texas Success Center** 

# Defining the Problem: What is Advising? Why is it Important?



## Why is advising important?... "A Very Leaky Education Pipeline!"

- Many students (10-40%) who apply don't show up on day one
- Almost 40% of first-time students are gone from higher education by start of year two
- Many students intend to transfer but do not
- Only about 1/3 complete any credential; achievement gaps by race, income, and age are stark
- Too many students meander, earning credits that don't apply to a degree.



• Source: Davis Jenkins (CCRC) Presentation to Texas Pathways Institute November 2019

**NACADA** Core Values Respect > Inclusivity Professionalism > Integrity Commitment Empowerment Caring



## **Historical Advising Frameworks**

 Prescriptive advising: The norm in the 70's and early 80's (very transactional)



#### **'X PRESCRIPTION**

NAME Jane Michelle Smith ADDRESS<sup>123</sup> ABC St. Ca. DATE<sup>17-01-20</sup>

RX: ABC Medícíne (No Generícs) dísp: Twenty 250mg capsules PO - take 1 capsule twíce a day, 1x after breakfast, 1x after dínner

refills: none

\* Avoid alcohol

## **Historical Advising Frameworks**

- Developmental Advising: 80's to current
- Shared process based on mutual respect, communication and cocreation of a plan





## Keeping Students on Their Pathway



Strategies & Approaches for Redesigning Advising



#### Moving beyond simple transactions with students!



#### **Guided Pathways Practice Areas**





**Texas Success Center** 



Academic advising is a key component in all pillars... but especially in helping students get on a path and stay on a path...



#### **Loss and Momentum Framework**

#### Understanding the Student Experience

External factors include federal, state, and local policy, accreditation, and the vendor market

Connection Interest to application	Entry Enrollment to completion of gateway courses	Progress Entry into course of study through to 75% of requirements completed	Completion Complete a certificate or degree or to obtain a credential with labor market value	Transition Successful transition to four-year institution or workforce
Do not apply to postsecondary education	Poor academic preparation	75% of low-income students need to combine work and school; work over 20 hours/week; schedule changes	Limited advising leads to credit (and debt) accumulation not matched to degree attainment	Credits obtained at community college don't transfer to four-year institution
education	60% referred to developmental education, only 30% ever take subsequent college-level courses	Part-time enrollment means slow progress, loss of momentum	Leave with credits needed for degree but for college-level math	Leave college with excess credits
under-enrollment, poor matching	Fail to enroll/pass Gatekeeper courses (i.e., entry-level math and English)	Life happens/complex lives means many disruptions; stop out or drop out	Transfer without credential	Leave college without support for job search or with no career plans
			Credential doesn't garner family- supporting wage job or isn't "stackable" to career that does	Leave college without knowledge of additional qualifications that can help advance career

What initiatives support your students along their educational journey? Also, consider planned changes to technologies, policies, processes, and behavior.

Advantation Consultation In Design (allow Measured on England)

## **Typical Student Support**





Source: Achieving the Dream

#### Why doesn't this work anymore?

- Many of our students—out of fear, shame, stigma and lack of knowledge—don't reach out to use support services, which is why personalized, proactive outreaches and/or warm hand offs by someone the student knows, or trusts can reduce this fear and stigma.
- A cohesive strategy that is individualized to each student is needed to meet equity goals and equal the playing field for low-income working students, first generation students and students of color.



#### What are holistic student supports?





**Texas Success Center** 

Source: Achieving the Dream

#### What are Holistic Student Supports?

As defined by Achieving the Dream:

- A holistic student supports approach is the **intentional planning** and **integration** of mission critical student academic and personal supports
- This is different from simply offering a multitude of disparate services for designated populations of students
- Providing holistic student supports requires that institutions become student-ready by integrating and enhancing myriad support services into a seamless, timely, and personal experience for every student.



#### **Holistic Student Support in Action**

- Holistic Student Support is not just the domain of advisors and student service professionals
- Critical to create a culture of care on campus. Russell Lowery-Hart (Amarillo College) "Loving the students you have rather than yearning for the students we used to have or thought we had"
- Cultural change. Cross campus understanding of unique challenges of our students. Student ready vs. college ready
- Relational/appreciative models create engagement, help students with non-cognitive and structural barriers such as motivation, food and housing insecurity





Mental models are deeply ingrained assumptions, generalizations, or even pictures of images that influence how we understand the world and how we take action.

Peter Senge



- An internal picture of how the world works
- Exists below awareness
- Are theories in use, often unexamined
- Determine how we act
- Can help or interfere with learning.

(Payne, 2006)



#### Mental Model for Poverty



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## What is Holistic Advising?

- Holistic means working with the "whole" student including noncognitive factors and structural barriers, career and financial stability issues
- This is a shared, developmental experience working on academic and non-academic support
- Advising structure (case management/smaller advising ratios) can promote holistic and transformational advising but holistic can occur in any advising system. It's how you interact with students. Yet you need enough appointment time to do this well.



#### Why this matters?

- Relational model/Appreciative Advising: Students have a person, and they know that person...creates a sense of belonging.
- Holistic: Career and financial aid/literacy conversations/noncognitive and structural barriers such as motivation, food and housing insecurity.
- Help students find their voice/agency. Increases self-efficacy.
- Connects students to the institution/creates student engagement. Especially important for first generation students and marginalized student groups.



#### **Holistic advising approaches**

- Jennifer Bloom's Appreciative Advising techniques "Disarm, Dream, Design, Deliver, Don't Settle" Nice model for career advising
- Use of open-ended questions to build trust and rapport
- What is the student really telling you?
- Coaching/mentoring/strong referral toolbox of services that can assist students with issues such as food insecurity, transportation and housing.



"No significant learning occurs without a significant relationship."

#### - James Comer



# *What's the Why? "Sometimes we have to Believe in Students first before they can believe in themselves."*





#### Activity: Mental Model of Social Capital



## Appreciative Advising: Framework for holistic advising

#### This model has six phases:

- Disarm Recognizing the importance of first impressions, creating a safe, welcoming environment for students.
- Discover Utilize positive, openended questions to draw out what they enjoy doing, their strengths, and their passions. Listen to each answer carefully before asking the next positive question.
- Dream Help students formulate a vision of what they might become and then assist them in developing their life and career goals.
- Design Help students devise concrete, incremental, and achievable goals.

- Deliver Help students follow through on their plans. The advisor is there for them when they stumble, believing in them every step of the way and helping them continue to update and refine their dreams as they go.
- 6. Don't Settle The advisor challenges the student to proactively raise the student's internal bar of self-expectations.



nter

## "Disarm" techniques establish relationship

- What messages does your office relay to students. Is this a safe place?
- Non-verbals: eye contact, gestures, smiling
- Verbal: Calling student by name, use of inclusive pronouns, small talk
- Make time and **be present**! Disarming starts always with **listening**. Watch distractions.
- Students need to talk about themselves and where they fit at the college.
- Students often don't know what to ask.
- Sample questions: What excites you about college? What were your favorite subjects in school? What do you love learning about? Are there parts of college that you are nervous or concerned about? What can I do to support your success?



## **Challenges to Disarming...**

- Perceived power dynamics
- Assumed differences
- Stereotype threat ("they must be thinking I am...")
- Previous experiences the student may have had in:
  - School
  - Other social systems

What are some of the lived experiences that may prevent a student from seeking help or trusting an advisor?



## "Discover"

- Ask positive open-ended questions that help advisors learn about student's strengths, skills and abilities
- Tell me about a time when you were really motivated or engaged in school?
- What do you think are your strongest academic and non-academic skills?
- What do you LOVE to do in your free time?

Source: http://www.appreciativeadvising.net



## "Dream"

- Inquire about students hopes and dreams for the future.
- What excites you about the future?
- What is your dream job?
- What would you do even if you didn't get paid?
- What would you do if you knew you couldn't fail?

Source: http://www.appreciativeadvising.net



# Why do you think Students struggle with the DREAM stage?

## Career conversations and appreciative advising

- Discover and Dream questions are perfect for career conversations
- Identifying educational goals (certificate, applied degrees or transfer degrees)
- Profoundly undecided students need deeper career counseling
- Use tools such as Occupational Outlook Handbook
- Career development facilitator training (National Career Development Association).


## "Design"

- Co-create a plan to achieve their dream.
- Advisor's role is to help them create the best plan based on their goals and their life. Mapping software helps but the conversation is key.
- Applied degrees and transfer degrees: Good plans include academic, career and financial.
- Do you have access to articulation and transfer information?
- Do advisors have access to labor market information?





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# **Coaching/advising with a Growth Mindset**

#### 5 Questions to Develop a Growth Mindset

- What did you learn from what happened today?
- What steps did you take to make you successful today?
- What are some different strategies you could have used?
- How did you keep going when things got tough?
- What can you learn from someone else today?

#### **5 Feedback Comments to Develop a Growth Mindset**

- This will be challenging, but I know you can master it.
- You haven't got it yet, but you will if you keep working and thinking about it.
- I really appreciated your effort today.
- It is okay to take risks, that's how we learn.
- Getting better takes time and I really see you improving.



#### Student mindset and advising approach

Fixed	Growth
Is student college ready?	Is college student ready?
Student is limited	Student can achieve with right conditions
Deficit-based advising	Asset-based advising
Advisor reinforces student doubts	Advisor realigns student doubt
Dream "squelcher"	Dream encourager with support
Implicit Bias	Equity minded practice

#### "Deliver"

- The student delivers on the plan created during the Design phase and the advisor is available to encourage and support students.
- Important for advisor to help students when initial plan needs to be revised. What happens when students don't get into a selective admission program or fail out of program?
- Advisor must help student redesign and refocus to new plan. (i.e., Allied Health and Nursing programs)



#### Validation

An important part of Deliver. How do you communicate when a student tells you they are struggling?

Michael Sorensen "I Hear You"

- Acknowledges a specific emotion
- Offers Justification for that emotion
- Invalidating responses often start with good intentions.
- Examples: "You'll be fine" "Just relax and you will do great."

### **Elements of Validation**

- Validation must be nonjudgmental
- Validating responses
- "This is an important test, it's understandable that you might be anxious and worried."



### Don't Settle

- Advisers and students alike need to set their own internal bars of expectations high.
- Pushing students to raise their own self expectations.
- Connecting them to faculty members
- Experiential learning (internships/co-ops/service learning/work-based learning
- Transitional advising for transfer and job seekers (resume)
- Helping students create networks.



# Break



### Holistic Advising at Temple College: Practices that Support Student Success

Ms. Suzanna Bachman Director, Advising TEMPLE HUTTO TAYLOR

Dr. Susan Guzmán-Treviño Provost, Vice President, Academic Affairs and Student Services

# Objectives

- Background: Temple College
- Pathways Journey
- Advising at Temple College
  - Before and Now
  - Tools
  - COVID
- Connecting Students to Support
- Student Voices
- Opportunities









# **Temple College: Pathways Journey**



#### **Essential Practices:**

- Clarify paths to meet student end goals.
- Help students choose and enter a pathway.
- Help students stay on their path.
- Ensure students are learning.





### Pathways to Success





2021-2022 GUIDED PATHWAY Associate of Arts in Psychology

FIRST I		SECOND FALL 🛷					
16 WEEKS	NOTES	SCH	COMPLETED	16 WEEKS	NOTES	SCH	COMPLETED
FIRST 8 WEEKS	NOTES	SCH	COMPLETED	FIRST 8 WEEKS	NOTES	SCH	COMPLETED
ENCL 1301 - Composition I	🕂 ГҮ	3		BIOL 1406 - Biology for Science Majors I	FY 🔿	4	
MATH 1314 - College Algebra	FY 🏵	3		GOVT 2305 - Federal Government	FY	3	
SECOND 8 WEEKS	NOTES	SCH	COMPLETED	SECOND 8 WEEKS	NOTES	SCH	COMPLETED
ENGL 1302 - Composition II	FY	3		BIOL 1407 - Biology for Science Majors II	⊕	4	
PHIL 1301 - Introduction to Philosophy	FY 🏵	3		GOVT 2306 - Texas Government	FY	3	
Т	otal SCH	12		То	tal SC	14	
FIRST SF	RING			SECOND S	PRINC	3	5
16 WEEKS	NOTES	SCH	COMPLETED	16 WEEKS	NOTES	SCH	OMPLETED
FIRST 8 WEEKS	NOTES	SCH	COMPLETED	FIRST 8 WEEKS	NOTES	SCH	COMPL, "D
HIST 1301 - United States History I	FY	3		HIST 2311 or HIST 2321	∂	3	
PSYC 2301 - General Psychology	AFY/FOS	3		PSYC 2314 - Lifespan, Growth, & Developmen	FY/FOS	3	
SECOND 8 WEEKS	NOTES	SCH	COMPLETED	SECOND 8 WEEKS	NOTES	SCH	COMPLETED
HIST 1302 - United States History II	FY	3		HIST 2312 or HIST 2322	Ð	3	
PSYC 2308 - Child Psychology	⊛	3		PSYC 2315 - Psychology of Adjustment	⊛	3	
	otal SCH	12			tal SCH	12	
	-			e taken during any fall or spring ser			
FIRST SUMMER	NOTES	SCH	COMPLETED	SECOND SUMMER	NOTES	SCH	MPLETED
SOCI 1301 - Introductory Sociology	FT 🕘	3		Creative Arts Core	FT 🕀	3	′님/
SPCH 1315 - Public Speech	FY 🔿	3		1 SCH as needed for graduation	⊖ tal SCH	4	
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Definition	of Notes	s		Transfer O	Mook	e.	
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progress in the AA Psychology degree.				AA Psychology (PSYC) can lead to un			
FY Course will be offered on a continuous basis so that a			of Arts in Psychology or Bachelor of Science in Psychology. AA PSYC students interested in these bachelor's degree must work				
student can take the course in any	lester.	with an academic advisor to determin	ie transfer	ral	urse work.		
FOS CLICK HERE for Field of Study Information			Career Outlook				
Meet with an academic advisor or department chair for university specific transfer course.			Licensed Professional Counselor - \$40,254* w/Bachelor's				
Come talk to an advisor about your		Degree + LPC License					
graduation and your university transfer plans.  Psychiatrict - \$131.036* w/Doctoral Degree							
Helpful Links							
Expenses and Scholarships Financial Aid Information	PSYC Co			*Based on entry-level job	s in Centra	l Texas	

# **Guided Pathways**

- Organized by semester
- Balance of classes
- Transfer Notes
- Career Outlook
  Course Offerings









### **Top Transfer Pathways**

Think		2021-2022 GUIDED PATHWAY						
Test!	Associate of Arts in Business							
FIRST		SECOND FALL						
16 WEEKS	NOTES	SCH	COMPLETED	16 WEEKS	NOTES	SCH	COMPLETED	
FIRST 8 WEEKS	NOTES	SCH	COMPLETED	FIRST 8 WEEKS	NOTES	SCH	COMPLETED	
ENGL 1301 - Composition I	A FY	3		ECON 2301 - Principles of Macroeconomics	FY/FOS	3		
MATH 1324 - Math for Business/Soc. Sci.	A FOS	3		Life/Physical Science core	$\Theta$	3		
SECOND 8 WEEKS	NOTES	SCH	COMPLETED	SECOND 8 WEEKS	NOTES	SCH	COMPLETED	
ENGL 1302 - Composition II	FY	3		ECON 2302 - Principles of Microeconomics	FY/FOS	3		
MATH 1325 - Calculus for Busi/Soc. Sci.		3		Life/Physical Science core	$\Theta$	3		
1	fotal SCH	12			tal SCH	12		
FIRST SI	RING			SECOND S	PRIN	3 A	6	
16 WEEKS	NOTES	SCH	COMPLETED	16 WEEKS	NOTES	SCH	COMPLETED	
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FIRST 8 WEEKS	NOTES	SCH	COMPLETED	FIRST 8 WEEKS	NOTES	SCH	COMPLETED	
BCIS 1305 - Business Computer Apps.	FY/FOS	3		GOVT 2305 - Federal Government	FY	3		
BUSI 1301 - Business Principles	AFT/FOS	3			FY/FOS	3		
SECOND 8 WEEKS	NOTES	SCH	COMPLETED			SCH	COMPLETED	
SPCH 1311, 1315, or 1321	IT ⊖	3		COMPLETED SECOND 8 WEEKS		3		
BUSI 2305 - Business Statistics	FOS	3		ACCT 2302 - Prin. of Managerial Accounting Fi		3		
1	fotal SCH	12			tal SCH	12		
The following	ıg summer	class	es can also b	be taken during any fall or spring semester.				
FIRST SUMMER	NOTES	SCH	COMPLETED	SECOND SUMMER	NOTES	SCH	COMPLETED	
HIST 1301 - United States History I	FY	3		HIST 1302 - United States History II	FY	3		
Creative Arts Core	⊛	3		Language, Philosophy, Culture core	FY 🏵	3		
1000 C	fotal SCH	6			otal SCH	6		
First	Year SCH	30		Second Y		30		
				Graduati	on SCH	60		
Definition	of Note	s		Transfer O				
Must successfully complete the co progress in the AA Business degree		r to		AA Business (BUSI) can lead to un Bachelor of Business Administrati Marketing, or Management. AA B	on (BBA)	in Acc	counting,	
FY Course will be offered on a continuous basis so that a student can take the course in any fall and spring semester.			these bachelor's degrees must work with an academic advisor or the Business department chair to determine					
FOS CLICK HERE for Field of Study Info		transferrable course work.						
Meet with an academic advisor or for university specific transfer cou	Career Ou							
CTA ANNES			Bookkeeper - \$32,162* w/Associate Degree Budget Analyst - \$72,395* w/Bachelor's Degree					
Come talk to an advisor about your Temple College graduation and your university transfer plans.			Bus. Operations Specialist - \$70,093* w/Bachelor's Degree					
Helpful Links			*Based on entry-level jobs in Central Texas					

Core Curriculum Courses

**BUSI** Courses

Expenses and Scholarships

inancial Aid Informatio

Think		2	021-202	2 GUIDED PATHW	AY		
TEMPLE COLLEGE First!	A	sso (	ciate o	f Science in Pre-l	Nursi	ng	
FIRST FALL SECOND FALL 🛷							
16 WEEKS	NOTES	SCH	COMPLETED	16 WEEKS	NOTES	SCH	COMPLETED
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BIOL 2401 - Anatomy and Physiology I		1		BIOL 2420 - Microbiology for Health Sc	~	4	CONDUCTOR
SECOND 8 WEEKS	NOTES	SCH	COMPLETED	SECOND 8 WEEKS	NOTES	SCH	COMPLETED
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BIOL 2402 - Anatemy and Physiology II	otal SCH	4		BIOL 1322 - Nutrition & Diet Therapy	FY 🕣	3	
		14					
FIRST SI				SECOND S			
16 WEEKS	NOTES	SCH	COMPLETED	16 WEEKS	NOTES	SCH	COMPLETED
				CHEM 1405 - Introductory Chemistry I	$\Theta$	4	
FIRST 8 WEEKS	NOTES	SCH	COMPLETED	FIRST 8 WEEKS	NOTES	SCH	COMPLETED
MATH 1442 - Elementary Statistical Metho	is FY/FOS	4		GOVT 2305 - Federal Government	FY	3	
PSYC 2301 - General Psychology	TT/TOS #	73					
SECOND 8 WEEKS	NOTES	SCH	COMPLETED	SECOND 8 WEEKS	NOTES	SCH	COMPLETED
Creative Arts Core	ΠØŢ	3		GOVT 2306 - Texas Government	FY	3	
PSYC 2314 - Lifespan, Growth, & Developm	en FY/FOS	2 3		SOCI 1301 - Introductory Sociology	FY 🏵	3	
	otal SCH	13		-	otal SCH	13	
FIRST SUMMER	NOTES		COMPLETED	e taken during any fall or spring se SECOND SUMMER	NOTES	SCH	COMPLETED
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Language, Philosophy, Culture Core	197	3			FY 🕀	3	
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Definition	of Note:	s		Transfer C	utlook		
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Course will be offered on a continuous basis so that a the Voc student can take the course in any fall and spring semester. bachelo				the Vocational Nursing certification. AS I bachelor's degrees must work with an ac transferrable coursework.	PreRN stude	nts inte	rested in these
Clack HERE for Field of Study Information     Nursing Pre-/Co-Requisites     Career Outlook							
Meaning The Orthogram and a cademic advisor or department chair for university specific transfer course.     Licensed Vocational Nurse - \$39,721* w/Certificato + State Licensed Vocational Nurse - \$39,721* w/Certificato + \$39,721*						+ State	
regraduation and your university transfer plans. Registered Nurse - \$\$3,827* w/Associate degree + State License							
Helpful Links *Based on entry-level jobs in Central Texas							
Expenses and Scholarships Financial Aid Information	Core Cu Nursing		um Courses				

# **Background on Advising Practices:**

#### • Transactional and Less Relational

- Checking classes off degree plan
- In the moment, quick advising
- No meaningful conversations
- 2017 Intake Form
  - Student Inventory Assessment
  - Engaging conversations to instill self-authorship



- (Pre-COVID) Began training for Meta Majors advising alongside academic departments
- Creation of Guided Pathways shifted advising to Holistic model
  - "Learn who your student is"
  - Future planning



# Academic Advising at Temple College

- Holistic and Transformational
  - Shifting focus from "I can't do this" to "What works for you?"
  - Focus on the whole student and building relationships
- Implementation of Self-Service: Student Planning technology
  - Guided Pathways
  - Collaboration with students
- Academic Department relationships from meta-major attempt
  - Facilitate connections to wrap-around services
  - Use of early alerts
- Success Coaches
  - Reach out at pivotal moments in the semester for retention
  - Referrals to support services to alleviate non-academic barriers





## **Tools: Self-Service--Student Planning**

Due to Federal Regulations, if a course is not in your degree plan, you may not qualify to receive Fin	ancial Aid for that course. If you have questions con	tact Financial Aid at financialaid@templejc.edu.		
Steps to Getting Started There are many options to help you plan your courses and earn your degree. Here are 2 steps to get you starter	d:	Search for	r courses Q	
View Your Progress Start by going to My Progress to see your academic regress in your degree and rework fourses. Go to My Progress	Next, toward	voir Dencea & Denist	d and register your remaining classes	
Programs	Cumulative GPA	Progress		
AS - Mathematics	(2.000 required)			
Spring 2022 Schedule				
Notifications (0)         Course Plan       Timeline       Progree         Add a Term       Remove	e Planned Courses	Notes Plan Archive	Turscores Unofficial Transc	cript Transfer Summary
Spring 2022       BIOL-1406-9201: General Biology I Credits: 4 Credits       ENGL-1301-1171: Composition I Credits: 3 Credits       Image: Composition I Credits       The second	Summer 2022		12022	×

- View course progress
- Plan ahead
- Get course approval
- Contact Advising
- Alerts and Holds
- Whole view of the student





## **Relational Advising Foundation**



# **COVID Modifications**

- Registration Guides to implement Self Service
  - Advisor registration training
  - Student adjustment
- Zoom drop-in Help Sessions
- Increased focus on student relationships
  - Combatted communication concerns
- Moved away from assigned advisors so students are always served
  - Previously were assigned via alphabet, but that was not weighted evenly.
  - Moved away from Meta Majors but kept departmental relationships strong.
- Student Check-Ins (Success Coaches)





## Focus Group Data: Holistic Advising



Students mentioned the resources available at the College, the Circle of Support, the advisors, tutoring/academic supports. Students believe we wanted them to succeed.

- "I thought I might take classes during the summer. It was so easy. Advising set the schedule. They helped with enrollment. It was so easy because it was all together. I did it all in one day!"
- "My last college threw me to the wolves. Temple College advisors instead answered the phone, emailed me, took care of me, and made sure I was okay."



#### Connecting Students to Wrap-Around Support Services

- Academic Tutoring
- Mentoring
- Orientations
- Lunch and Learns
- Circle of Support
- Mental Health services
- Short Term Loans















**Connecting People and Services** 

United @

**NEED HELP? WANT TO HELP?** 

DOAY DOAY

CONTO-19 COMMUNITY RESPONSE & RECOVERY FUND

COVID-15 Response & Recovery Page

(solution) Name of



Trusted for Generations...Building for the Future

## Focus Group Data: Holistic Advising



- "Due to COVID causing a heart attack, I had to take a semester off from school. When returning to school, my advisor was amazing. She helped me spread out my schedule and let me ease back into school. After my heart attack, I experienced many new mental challenges. She made sure I had everything I needed. With the schedule we created, I was able to spend the time I needed on each subject."
- "Use Self-Service was challenging at first, but my advisor helped me, and now, I rely heavily on my planner, helps me stay focused."





### **Supporting Student Success**



# **Opportunities to Move Forward**

- Improved Orientation for new students
- More collaboration with students on Self-Service
- Congratulate and Notice the good (Appreciative model)
- Transfer planning
- Enrollment Coordinators and After-Hours assistance
- New Building
  - Improved Onboarding process
  - Collaborative environment
- Equity and Relationships for a stronger foundation





#### TEMPLE COLLEGE TEMPLE HUTTO TAYLOR TEMPLE HUTTO TAYLOR



Keeping Students on their Path



#### Suzanna Bachman

Director, Advising Suzanna.Bachman@templejc.edu 254-298-8364

#### Dr. Susan Guzmán-Treviño

Provost, Vice President, Academic Affairs and Student Services <u>Susan.guzmantrevino@templejc.edu</u> 254-298-8340





# Lunch Break: 11:45-12:15PM



#### **Lunch Discussion Questions**

- If you could design the ideal advising experience, what would it look like?
- What was YOUR advising experience like?



# AlamoADVISE

#### Blanca Balle Villegas Director of District Wide Advising, Alamo Colleges District



Texas Success Center



Intrusive, Intentional And Case Management Advising

- Every Student Will Have An Assigned Advisor From Connection To Completion
- **Success Based Celebratory Milestones** 
  - Milestones at 15, 30, 45 Hours
  - Personal Mission Statement/Individual Success Plan
- **Competency Based Training For Certified**
- Advisors Goal Case Load 1:350





#### **Top 5** Wrap Around Services & Referrals



#### Alamo INSTITUTES




## **Impact of Advising on Graduation Rates**

#### **3-Year FT FTIC Graduation Rates**



#### 4-Year FT FTIC Graduation Rates









## Core Competency Certifications

Year I Core Competency Category	Training Topic	Timeline
Master Advisor Certification Training	Level I, II, & III	Late September
Alamo Colleges Frameworks / Model	AlamoADVISE Chart	Late September
Technology Tools	Banner (Student Info System)	Early October
Local, State, and Federal Regulations	FERPA	Late October

#### Year II

Core Competency Category	Training Topic	Timeline
Alamo Colleges Framework / Model	30 Hour Intent	Late September
Technology Tools	College Scheduler	Early October

## AlamoADVISE Next Steps

Collaborate with internal partners to maximize advising strategies

Conduct in-depth program analysis

Evaluate email & text communications

**Re-assess Advising Caseload Ratios** 

Review Core Master Advisor Certification & Competencies requirements



# THANK YOU!





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### **Panel Discussion**



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# **Closing thoughts!**





### **Compassion fatigue is real**

- Pandemic and increased demands of remote advising/email has taken a toll
- Academic Advising can be a high burn out field.
- Caseload management can be intense
- Important to set boundaries including out of office email and voicemail messaging
- Mindfulness exercises
- Take your lunch hour. Exercise, meditate, walk or just get away from desk
- Balance. Honor a home and work life balance so you can be fully present at both
- Rely on your colleagues to step up when you need a break. Teamwork



### **Advising Redesign Strategy**

- Begin with the end in mind
- Identify results you are trying to achieve
- Ask students and listen to what they are saying
- Choose the right team/people to do the work
- Identify data you need and the KPIs (Key Performance Indicators) that inform your decision making
- Imbed a researcher on the team at the beginning of the process
- Identifying non-negotiables for redesign work
- Begin action plan and create a sense of clarity around any possible redesign.
- Leverage design principles & change management



#### **Kotter's 8 Step Process for Successful Change**



#### **Becoming a student ready college!**

- Professional development for staff is key. Be looking for latest trends. Student narrative/storytelling. Students want to be heard and understood.
- It's important when changing so dramatically to emphasize the "why"?
- People buy into what they help create.
- Evaluation plan is key



- Start in whatever way works best but start. Onboarding is a great place to begin.
- Remember the work is never done! Keep redesigning and tweaking your model and be ready to pivot.
- Seek out best practices from colleagues and coaches.



How will you know you are doing Holistic advising? How will you help students create a future story of their own?

- Help students find their voice/agency
- Connects students to the institution/creates student engagement. Especially important for first generation students.
- Advisors will make a significant difference in the lives of their students.
- You will see gains in persistence and completion.

#### Many thanks to Temple College and the Alamo Colleges District!



**Texas Success Center**