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Building and Cultivating Professional Relationships is Worth Your Time

Tools of the Practice

Relationship-building: Connecting with people based on one or more topics of shared interest

Relationship-cultivating: Creating and nurturing an ongoing, warm and authentic connection with people you know

Networking: Interacting with people to exchange information and develop contacts useful in furthering your career

Why invest the time and energy in building and cultivating professional relationships?

- 60%-80% of jobs in today's market are created or filled as the result of relationships, rather than posted job listings.¹
 With this reality, it is crucial that you have a proactive networking strategy.
- Successful individuals tend to have a robust and well-rounded set of "Vital Relationships"²
- Active and ongoing pursuit of relationship-building and cultivation can increase your awareness of professional opportunities that might otherwise remain unknown.
- Engaging in this activity helps to 'level the playing field' with competitors who are most certainly networking.

Tools and Opportunities to Build and Cultivate Relationships

- Informational interviews
- LinkedIn messages, articles and postings
- Career Fairs and networking events
- Industry conferences and training events
- Instructors, classmates and colleagues
- Mentorship and/or coaching

Establish your Network

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You are the 'bull's-eye' of your network; aim to build three layers out. Make a list of your Layer 1 network. Add people you've already met to a Layer 2 list. Include and categorize anyone who may be helpful to include in a professional network and those who could potentially connect you with others.



¹McGraw-Hill Higher Education at http://highered.mcgraw-hill.com/sites/0073377007/student_view0/chapter4/true_or_false.html and HR News Daily: http://hrnewsdaily.com/2013-most-jobs-will-be-filled-by-referrals/

²Ask your Coach about a resource and framework to assess and/or build your "Vital Relationships."

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Develop a networking plan

Building and cultivating a professional network takes time and preparation. Consider the following questions and steps; write down your action plan.

- On which career goal(s) do you want to focus your networking efforts?
- Research potential face-to-face networking events in your area; learn about other networking activities that you may attend over the internet or the phone
- What unique activities should you participate in to keep your network active?
- Develop a strategy for maintaining regular contact with important/interesting
- Review networking activities and contacts regularly to examine what is working, what is not, and consider people and groups to include/exclude from your networking efforts